
Starters

FRIES Oregon grown potatoes cut fresh daily. *Sm* 3.25 *Lg* 4.75

TATER TOTS Yep, Tater Tots... served w/ ranch, blue cheese or bbq. *Sm* 4.5 *Lg* 5.95

Add Garlic Parmesan 1.5 *Cajun seasoning* 1.0

ONION RINGS Pub style beer battered onion rings, deep fried and served with our zesty dipping sauce. 6.95

TEMPEH THINGS (vegan) Fried organic tempeh, served buffalo or barbecue style with veganaise for dipping. 6.95

SPINACH & ARTICHOKE DIP (veggie) Made with parmesan, pepperjack, and mozzarella cheese. Served with house made tortilla chips. 7.95

MEZZA PLATE (veggie) House made hummus served with tomato, cucumber, feta, kalamata olives, pepperoncinis & warm pita bread. 9.95

NACHOS (veggie) House made tortilla chips topped with cheddar cheese, black beans, green onions, jalapeños, fresh salsa & sour cream. 7.95

Add Chicken, Steak, or Tempeh 3.0

Pita Pizzas

A 7" pita topped with marinara and a blend of cheddar, provolone, & parmesan cheeses.

JUST CHEESE PLEASE Our 3 cheese blend 5.0

SUPREME PITA PIZZA Green onions, pepperoni & bacon 6.0

MARGARITE PITA PIZZA Olive oil, cheese blend, tomato & basil 6.0

BLT PITA PIZZA Bacon, tomato & fresh chopped romaine 6.0

MAKE YOUR OWN Choose any of the following toppings for .5 each – Pepperoni, onions, garlic, mushrooms, bacon, green peppers, tomato, kalamata olives, pepperoncini, basil.

Salads

ROASTED BEET SALAD Seasonal greens, roasted beets, tomato, avocado & toasted pumpkin seeds tossed in a sweet honey vinaigrette 7.5

Add grilled chicken or tempeh 3.0

CHICKEN CAESAR Crispy romaine tossed with house-made Caesar dressing, parmesan, croutons and topped with a grilled chicken breast.

Small 7.25 *Large* 9.95

Without Chicken 4.25 6.95

GARDEN SALAD Seasonal greens, tomato, cucumbers, carrots, red onion, sunflower seeds w/ your choice of dressing

Small 4.25 *Large* 7.5

DRESSINGS INCLUDE • Ranch, Blue Cheese, Honey Vinaigrette, Balsamic Vinaigrette & Caesar

Soup

Made here. Made fresh. Made well.

Served with crackers. Ask about today's selection.

Cup 3.5 *Bowl* 5.5

Burgers

Burgers are ½ pound, hand-formed Cascade Natural beef patties, seasoned on the grill.

Served on a toasted Kaiser bun w/ house-cut fries & a kosher pickle spear.

Substitute Tots 1.0

Substitute Salad or Cup of Soup 1.5

THE MASH TUN Lettuce, tomato, red onion, mayo 9.25

Add Cheese .75 Add Bacon 1.25

THE DRAGON Jalapenos, pepper jack cheese & spicy mayo w/ lettuce, tomato & red onion 10.5

BLUE BURGER Caramelized red onion with blue cheese crumbles & salad greens 10.25

MUSHROOM & SWISS Grilled mushrooms and Swiss cheese w/ lettuce, tomato, red onion & mayo 10.75

BLACK BEAN BURGER (vegan) Spicy black bean patty on a toasted bun, topped w/ fresh salsa, avocado and salad greens 8.95

VEGGIE BURGER (vegan) House-made patty of chopped almonds, oats and veggies, served on a toasted bun with veganaise 9.5

Sandwiches

Served with house-cut fries

Substitute Tots 1.0

Substitute Salad or Cup of Soup 1.5

CHIPOTLE CHICKEN SANDWICH Grilled chicken breast, smothered in our honey chipotle glaze and served on a bun with lettuce, tomato, red onion and avocado 8.95

BUFFALO PITA WRAP Breaded chicken tenderloin tossed in spicy buffalo sauce with blue cheese dressing, lettuce and tomato in a warm pita 8.5

CHEESE STEAK Thinly sliced NY steak sautéed with roasted peppers & onions and topped with melted provolone and cheddar cheese. 9.95

TURKEY PESTO MELT Roasted turkey breast and melted provolone cheese on grilled sourdough with lettuce, tomato, red onion & pesto aioli 9.95

FALAFEL (veggie) Fried falafel balls wrapped in a warm pita with lettuce, tomato, diced onion & fresh made tzaziki 7.95

B.L.A.T.O. Bacon, lettuce, avocado, tomato, onion & mayo on toasted sourdough 8.25
~ Or, substitute Fakin and veganaise for just a dollar and make it Vegan

TEMPEH PITA WRAP (vegan) Crispy fried organic tempeh, tossed in spicy buffalo sauce with lettuce, tomato & avocado all wrapped up in a warm pita 7.95

Desserts

ICE CREAM COOKIE SANDWICHES Ask your server for today's selection 5.5

ROOTBEER FLOAT Made with Tillamook Vanilla Bean & Steelhead Rootbeer 5.0

SIMPLY 2 SCOOPS Tillamook Vanilla Bean & Chocolate Syrup 3.5

BROWNIE SUNDAE Made with Tillamook Vanilla Bean, a house-baked Brownie, & Chocolate Syrup 6.5



NE 22nd @ Alberta St.

Open Mon-Fri 3pm-12am Sat- Sun 12pm-12am

Happy Hour 3-6 Daily

MASH TUN \mash tən\ n.

1) *an insulated brewing vessel in which milled grains are mixed with hot water. This process, called mashing, activates enzymes that convert the starches from the grain into sugars. The resulting sweet liquid, called wort, (pronounced "wert") is then boiled in a kettle with hops that contribute flavor and aroma. During fermentation, yeast consume the sugar molecules producing alcohol & CO₂. That's the short version of the process of brewing beer. It all begins in the mash tun..*

THE MASH TUN BREWPUB \thə mash tən 'brü- pəb\ n.

1) *2204Ne Alberta St., Portland, Oregon, U.S.A,*

North America, Planet Earth.

Latitude +45.55 Longitude -122.64

2) *a neighborhood place where good beer, good food, & good friends come together.*

WE ARE COMMITTED TO USING FRESH, LOCAL AND ORGANIC INGREDIENTS WHENEVER POSSIBLE. WE USE LOCALLY FARMED, ALL-NATURAL CARLTON FARMS PORK. ALTENGARTZ AWARD-WINNING HORMONE-FREE BRATS ARE MADE RIGHT HERE IN PORTLAND. CASCADE NATURAL IS GUARANTEED VEGETARIAN BEEF, PASTURE-RAISED AND GRAIN-FINISHED, FROM OREGON & WASHINGTON. THE FOLKS IN TILLAMOOK MAKE OUR CHEDDAR CHEESE & VANILLA BEAN ICE CREAM. TURTLE FOODS MAKES OUR ORGANIC TEMPEH. OUR POTATOES ARE OREGON GROWN. PORTLAND ROASTING KEEPS US CAFFEINATED. OREGONIANS MAKE NEW DEAL VODKA & AVIATION GIN, SO WE MAKE THEM AVAILABLE TO YOU. OUR FRYER USES 100% CANOLA OIL, WHICH WE DONATE TO OUR NEIGHBORS TO BE USED AS FUEL. IN ADDITION, ALL OF THE SPENT GRAIN FROM OUR BREWERY IS DONATED TO LOCAL FARMS TO FEED LIVE STOCK... AND, WE'RE ALWAYS STRIVING TO MAKE THIS LIST GROW.

CHEERS!